

AMENDED IN ASSEMBLY AUGUST 15, 2005

AMENDED IN ASSEMBLY JULY 11, 2005

AMENDED IN ASSEMBLY JUNE 30, 2005

AMENDED IN ASSEMBLY JUNE 23, 2005

AMENDED IN ASSEMBLY JUNE 21, 2005

AMENDED IN SENATE APRIL 27, 2005

AMENDED IN SENATE APRIL 11, 2005

SENATE BILL

No. 37

**Introduced by Senator Speier
(Coauthors: Senators Alquist and Kuehl)**

December 16, 2004

An act to amend Section 35179.1 of, and to add Article 6.5 (commencing with Section 49030) to Chapter 6 of Part 27 of, the Education Code, relating to pupils.

LEGISLATIVE COUNSEL'S DIGEST

SB 37, as amended, Speier. Prohibited substances.

Existing law sets forth the rights and responsibilities of pupils in public schools. Existing law further requires certain school employees to comply with various educational requirements.

Existing law expresses legislative findings and declarations regarding the need for education and training for interscholastic athletic coaches. Existing law expresses the intent of the Legislature to establish a California High School Coaching Education and Training Program, that would emphasize specified components, including sport physiology, which is described as principles of training, fitness for

sport, development of a training program, and nutrition for athletes, to be administered by local school districts.

This bill would, in addition, describe the component of sport physiology as instruction on the harmful effects associated with the use of steroids and performance-enhancing dietary supplements by adolescents. The bill would require each high school sports coach, as defined, to complete a coaching education program developed by his or her school district or by the California Interscholastic Federation that meets those training requirements. The bill would make that requirement operative on December 31, 2008.

The bill would prohibit specified dietary supplements from being used by a pupil participating in interscholastic high school sports on or ~~before~~ *after* July 1, 2006, with certain requirements. The bill would require the California Interscholastic Federation to amend its constitution and bylaws to require that school districts prohibit a pupil from participating in high school sports on and after July 1, 2007, unless that pupil signs a pledge not to use a prohibited dietary supplement and the parent or guardian of that pupil signs a notification form regarding those restrictions.

The bill would prohibit the ~~marketing, sale or distribution~~, as specified, of prohibited dietary substances on a schoolsite or at a school-related event.

The bill would establish the California Coaching Education Fund and permit the State Treasurer to accept private donations that may be expended, upon appropriation by the Legislature, for purposes of training coaches, as specified in the bill.

Vote: majority. Appropriation: no. Fiscal committee: yes.
State-mandated local program: no.

The people of the State of California do enact as follows:

- 1 SECTION 1. Section 35179.1 of the Education Code is
- 2 amended to read:
- 3 35179.1. (a) This section shall be known and may be cited as
- 4 the 1998 California High School Coaching Education and
- 5 Training Program.
- 6 (b) The Legislature finds and declares all of the following:
- 7 (1) The exploding demand in girls athletics, and an increase in
- 8 the number of pupils participating in both boys and girls

1 athletics, are causing an increase in the number of coaches
2 needed statewide.

3 (2) Well-trained coaches are vital to the success of the
4 experience of a pupil in sports and interscholastic athletic
5 activities.

6 (3) Improvement in coaching is a primary need identified by
7 hundreds of principals, superintendents, and school board
8 members who participated in the development of a strategic plan
9 for the California Interscholastic Federation (CIF) in 1993 and
10 1994.

11 (4) There are many concerns about safety, training,
12 organization, philosophy, communications, and general
13 management in coaching that need to be addressed.

14 (5) It is a conservative estimate that at least 25,000 coaches
15 annually need training and an orientation just to meet current
16 coaching regulations contained in Title 5 of the California Code
17 of Regulations, including basic safety and CPR requirements.

18 (6) School districts, in conjunction with the California
19 Interscholastic Federation, have taken the initial first steps
20 toward building a statewide coaching education program by
21 assembling a faculty of statewide trainers composed of school
22 district administrators, coaches, and athletic directors using a
23 national program being used in several states.

24 (c) It is, therefore, the intent of the Legislature to establish a
25 California High School Coaching Education and Training
26 Program. It is the intent of the Legislature that the program be
27 administered by local school districts and emphasize the
28 following components:

29 (1) Development of coaching philosophies consistent with
30 school, school district, and school board goals.

31 (2) Sport psychology: emphasizing communication,
32 reinforcement of the efforts of young people, effective delivery
33 of coaching regarding technique and motivation of the pupil
34 athlete.

35 (3) Sport pedagogy: how young athletes learn, and how to
36 teach sport skills.

37 (4) Sport physiology: principles of training, fitness for sport,
38 development of a training program, nutrition for athletes, and the
39 harmful effects associated with the use of steroids and
40 performance-enhancing dietary supplements by adolescents.

(5) Sport management: team management, risk management, and working within the context of an entire school program.

(6) Training: certification in CPR and first aid.

(7) Knowledge of, and adherence to, statewide rules and regulations, as well as school regulations including, but not necessarily limited to, eligibility, gender equity and discrimination.

(8) Sound planning and goal setting.

(d) This section does not endorse a particular coaching education or training program.

SEC. 2. Article 6.5 (commencing with Section 49030) is added to Chapter 6 of Part 27 of the Education Code, to read:

Article 6.5. Performance-Enhancing Substances

49030. (a) Commencing July 1, 2006, dietary supplements, as defined by subsection (ff) of Section 321 of Title 21 of the United States Code, that include any of the following substances, are prohibited from being used by a pupil participating in interscholastic high school sports:

(1) Synephrine.

(2) A prohibited substance enumerated by the United States Anti-Doping Agency Guide to Prohibited Substances and Prohibited Methods of Doping.

(b) The State Department of Health Services shall provide the State Department of Education with the United States Anti-Doping Agency Guide to Prohibited Substances and Prohibited Methods of Doping, on or before June 30, 2006. Upon receipt of the guide, the State Department of Education shall notify each school district that serves pupils in grades 9 to 12, inclusive, that the guide has been completed and shall post the guide on its Web site. The State Department of Health Services ~~shall submit any amendments to the guide no later than June 30 of the year in which the amendments are made. Upon receipt of amendments to the guide~~ *shall annually notify the State Department of Education of any amendments to the guide for the following school year. For an amendment to be applicable for the ensuing school year, the State Department of Health Services shall notify the State Department of Education as to that amendment no later than the June 30 immediately preceding the*

1 school year to which the amendment is to be applicable. Upon
2 receipt of this notice, the State Department of Education shall
3 notify each school district that serves pupils in grades 9 to 12,
4 inclusive, that the guide has been amended and shall post the
5 amended guide on its Web site.

6 49031. (a) *A school may not accept a sponsorship from a*
7 *manufacturer of a dietary supplement described in subdivision*
8 *(a) of Section 49030, or from the distributor of a dietary*
9 *supplement described in subdivision (a) of Section 49030 whose*
10 *name appears on the labeling of the dietary supplement.*

11 (b) *A manufacturer of a dietary supplement described in*
12 *subdivision (a) of Section 49030, or the distributor of a dietary*
13 *supplement described in subdivision (a) of Section 49030 whose*
14 *name appears on the labeling of the dietary supplement, may not*
15 *market its company name or any of its products on a schoolsite*
16 *or at a school-related event.*

17 (c) *A dietary supplement prohibited by Section 49030 may not*
18 *be marketed sold or distributed on a schoolsite or at a*
19 *school-related event.*

20 ~~(b)~~

21 (d) ~~For purposes of this section, “marketing” includes~~
22 ~~subdivision (b), “market” includes, but is not limited to, all of the~~
23 ~~following:~~

24 (1) *Direct product advertising.*

25 ~~(2) Athlete or event sponsorship, including sports clinic~~
26 ~~sponsorship.~~

27 (2) *Advertising a company name.*

28 (3) *Provision of educational materials.*

29 (4) *Product promotion by a school district employee or school*
30 *district volunteer.*

31 (5) *Product placement.*

32 (6) *Clothing or equipment giveaways.*

33 (7) *Scholarships.*

34 (e) *Subdivisions (a) and (b) do not apply to an affiliate of a*
35 *manufacturer or distributor of a dietary supplement described in*
36 *subdivision (a) of Section 49030 if the affiliate does not*
37 *manufacture or distribute a dietary supplement described in*
38 *subdivision (a).*

39 49033. (a) (1) *Effective December 31, 2008, each high*
40 *school sports coach shall have completed a coaching education*

1 program developed by his or her school district or the California
2 Interscholastic Federation that meets the guidelines set forth in
3 Section 35179.1.

4 (2) The coaching education program described by paragraph
5 (1) may be taught by an athletic director or high school sports
6 coach who is deemed to be qualified by the California
7 Interscholastic Federation.

8 (b) Upon completion of the program, a high school sports
9 coach shall be deemed to have completed the education
10 requirement for the remainder of his or her time coaching at the
11 high school level in any school district in the state.

12 (c) Each high school sports coach shall be responsible for the
13 costs of taking the course.

14 (d) The training requirements of this section shall count
15 toward the continuing education required for the renewal of the
16 teaching credential of a coach who is also a certificated
17 employee.

18 (e) Notwithstanding subdivision (a), a high school sports
19 coach who does not meet the requirements of subdivision (a)
20 may be used for no longer than one season of interscholastic
21 competition.

22 (f) For the purposes of this section, “high school sports coach”
23 means an employee or a volunteer who is authorized by a high
24 school to be responsible for leading a school sports team of pupil
25 athletes.

26 49035. The California Interscholastic Federation shall amend
27 its constitution and bylaws to require, as a condition of
28 participation in interscholastic sports, that school districts
29 effective July 1, 2007, upon the notification provided pursuant to
30 subdivision (b) of Section 49030, prohibit a pupil from
31 participating in interscholastic high school sports, unless that
32 pupil signs a pledge not to use a dietary supplement prohibited by
33 Section 49030 and the parent and guardian of that pupil signs a
34 notification form regarding those restrictions.

35 49036. (a) *The State Treasurer may accept voluntary*
36 *contributions for the purpose of offsetting costs of training*
37 *coaches pursuant to Sections 35179.2 and 35179.3.*
38 *Contributions received by the State Treasurer shall be deposited*
39 *in the California Coaching Education Fund, which is hereby*
40 *created in the State Treasury.*

1 ***(b) Funds deposited in the California Coaching Education***
2 ***Fund are available upon appropriation by the Legislature and***
3 ***may only be expended for purposes of Sections 35179.2 and***
4 ***35179.3, and for administration of the California Coaching***
5 ***Education Fund.***

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